

Type 2 Diabetes In Internal Medicine Practice Experience Sharings 3

6-7 June 2026 | Pullman Old Town Hotel, Riga



Università
di Catania



CoEHAR

Scientific Program

Saturday, June 6

- 09:00 – 09:30 Opening Speech (Welcome Speech Only)
Speakers: Prof. Hamit Yıldız, Prof. Teslime Ayaz, Prof. Riccardo Polosa
- 09:30 – 10:15 Management of Type 2 Diabetes Patients Who Smoke
Speaker: Prof. Riccardo Polosa
- 10:15 – 10:30 **Coffee Break**
- 10:30 – 11:15 Real-World Effectiveness of SGLT2 Inhibitors
Speaker: Prof. Hamit Yıldız
- 11:15 – 12:00 Role of Lipid Acid in Metabolic Syndrome
Speaker: Prof. Giovanni Li Volti
- 12:00 – 12:15 **Coffee Break**
- 12:15 – 13:00 Type 2 Diabetes Treatment with Clinical Cases
Speaker: Prof. Teslime Ayaz
- 13:00 – 14:00 **Lunch**
- 14:00 – 15:00 Cardiovascular Protection in Patients with Type 2 Diabetes
Speaker: Prof. Hamit Yıldız
- 15:00 – 15:30 **Coffee Break**
- 15:30 – 17:00 The Critical Role of Early Combination Treatment in Type 2 Diabetes
Speaker: Prof. Teslime Ayaz

Sunday, June 7

- 09:00 – 10:00 The Role of Internal Medicine in Preventing Complications
Speaker: Prof. Hamit Yıldız
- 10:00 – 11:00 Hypoglycemia
Speaker: Prof. Teslime Ayaz
- 11:00 – 12:00 Glucotoxicity
Speaker: Prof. Hamit Yıldız
- 12:00 – 13:30 **Lunch**
- 13:30 – 15:30 Cases with Questions
Speakers: Prof. Teslime Ayaz & Prof. Hamit Yıldız
- 15:30 – 16:00 **Coffee Break**
- 16:00 – 17:00 Take Home Messages and Closing Remarks
Speaker: Prof. Teslime Ayaz

For registration, accommodation and other details, please contact:

Mr. Dincer Aydin - Türk Ekspres
dincer.aydin@turkekspres.com.tr
Tel. +90 549 203 58 94