



Russian Scientific  
Medical Society  
of Internal Medicine



# DAHUDER (Turkish Association of Internists) Russian Scientific Medical Society of Internal Medicine Collaboration Symposium

## Iron Deficiency & Internal Medicine: A Multidisciplinary Perspective

Co-Chairs

Dr. Teslime Ayaz · Dr. Valentin Kokorin



### Day 1, 12 June 2025

**17:00 – 17:30** Opening Ceremony & Welcome  
Dr. Teslime Ayaz · Dr. Valentin Kokorin

**17:30 – 18:15** Iron Deficiency / IDA and the Importance of a  
Multidisciplinary Approach During Pregnancy  
Dr. Hamit Yıldız & Dr. Resul Karakuş

- Internal Medicine perspective on ID/IDA in pregnancy
- Obstetrics & Gynecology perspective on ID/IDA in pregnancy

**18:15 – 18:30** Coffee Break

**18:30 – 19:15** Management of Chronic Kidney Disease in Pregnancy  
Dr. Gökhan Tazegül

### Day 2, 13 June 2025

**09:00 – 09:30** Opening & Day Overview  
Dr. Teslime Ayaz · Dr. Valentin Kokorin

**09:30 – 10:15** Chronic Diseases and Iron Deficiency / IDA  
**Moderator:** Dr. Teslime Ayaz  
**Speakers:** Dr. Hamit Yıldız, Dr. Mitkhat Gasanov, Dr. Gökhan Tazegül

- Heart Failure & Iron Deficiency: What Should My Ferritin Level Be?
- Nephroprotection in the 21st century:  
Bridging the gap between knowledge and clinical practice
- Malabsorption Disorders and Iron Deficiency

**10:15 – 10:30** Coffee Break

**10:30 – 11:15** Historical Development of Parenteral Iron: Characteristics that Differentiate Preparations  
Dr. Hamit Yıldız

**11:15 – 11:30** Coffee Break

**11:30 – 12:15** ID & IDA Treatment: When Should I Use Oral vs. IV Therapy?  
**Moderator:** Dr. Teslime Ayaz  
**Speakers:** Dr. Gökhan Tazegül, Dr. Resul Karakuş

- Internal Medicine Practice
- Obstetrics and Gynecology Practice
- Open Discussion

**12:15 – 12:30** Coffee Break

**12:30 – 13:15** Advances in hypercholesterolemia treatment  
**Moderator:** Dr. Teslime AYAZ  
**Speaker:** Dr. Olga BOEVA

**13:15 – 14:00** Lunch Break

**14:00 – 14:45** Management of arterial hypertension in pregnancy  
**Moderator:** Dr. Valentin KOKORIN  
**Speaker:** Dr. Vasily CHOULKOV

**14:45 – 15:00** Coffee Break

**15:00 – 15:45** VTE Prophylaxis in Hospitalized Patients  
**Moderator:** Dr. Resul KARAKUŞ  
**Speaker:** Dr. Valentin KOKORIN

**15:45 – 16:00** Coffee Break

**16:00 – 16:20** Use of Combined Oral Contraceptives in the Treatment of Gynecological Diseases  
**Moderator:** Yana Leineman  
**Speaker:** Dr. Resul Karakuş

**16:20 – 16:40** Current Contraception Methods  
**Moderator:** Yana Leineman  
**Speaker:** Dr. Resul Karakuş

**16:40 – 17:00** Discussion & Q&A

### Day 3, 14 June 2025

**09:00 – 09:30** Key Takeaways from Day 2  
Dr. Teslime Ayaz

**09:30 – 10:15** Usual Suspects: Drug-Drug Interactions & Iron Deficiency Anemia  
**Moderator:** Dr. Teslime Ayaz  
**Speakers:** Dr. Hamit Yıldız

- Chronic PPI Use and Its Relationship with IDA
- Metformin Use and Its Relationship with IDA
- Chronic Use of Effervescent Calcium / Osteoporosis Preparations and IDA

**10:15 – 11:15** Extended Coffee Break

**11:15 – 12:15** Oral Antidiabetics in Type 2 Diabetes: New Agents and  
Possible Micronutrient Deficiencies  
**Moderator:** Dr. Hamit Yıldız  
**Speakers:** Dr. Teslime Ayaz

- Metformin: The Gold Standard in Type 2 Diabetes
- DPP-4 Inhibitors — The Importance of Early Combination Therapy
- SGLT2 Inhibitors & Chronic Kidney Disease Management
- GLP-1 Receptor Agonists in Type 2 Diabetes & Weight Management

**12:15 – 12:30** Coffee Break

**12:30 – 13:00** Hormone Replacement Therapy in Gynecology: Past, Present, and Future  
Dr. Resul Karakuş

**13:00 – 14:00** Lunch Break

**14:00 – 14:45** Treatment of Iron Deficiency and IDA in Current Clinical Guidelines  
Dr. Gökhan Tazegül

**14:45 – 15:00** Coffee Break

**15:00 – 15:45** Rational Drug Use in the Management of Chronic Diseases  
Dr. Hamit Yıldız

**15:45 – 16:00** Coffee Break

**16:00 – 16:45** Closing Session & Symposium Evaluation  
Dr. Teslime Ayaz · Dr. Valentin Kokorin